

Sample Letter to the Editor

efore writing a Letter to the Editor, check with the news outlet about submission guidelines and review editing and publishing policies. In most cases, there will be a limit on the length, and you may be required to provide contact information. You may submit your letter by email.

Dear Editor,

April is Sexual Assault Awareness Month (SAAM). This year's campaign focuses on ways that individuals, communities, and the private sector can help prevent sexual violence. Nearly one in five women and one in 71 men are victims of sexual assault (Black et al., 2011), but all of us are impacted by sexual violence.

Everyone understands that sexual violence impacts victims and their families, but the effects of this violent crime on communities and society are less obvious. Sexual violence creates a climate of fear, anger, and/or disbelief in the workplaces, campuses, and communities that it occurs in. Additionally, sexual violence generates criminal justice, medical, and crisis and mental health service expenses. Perhaps most damaging are the lost contributions of survivors.

Preventing such a far-reaching and prevalent social issue as sexual violence may seem overwhelming or even impossible. This mentality implies that there isn't a solution – or if there is, we can't achieve it. But we can and we are. There are many practical steps that are currently being taken in our homes, neighborhoods, schools, faith communities, and workplaces. But there are many more things we can do to promote safety, respect, and accountability.

Prevention starts with challenging victim-blaming and believing survivors when they disclose. Individuals can model supportive relationships and behaviors, call out harmful attitudes, and challenge the societal acceptance of rape. Communities and businesses can take action to implement policies that promote safety, respect, and equality.

As this year's slogan declares, prevention is possible! Join us in helping everyone see their role in preventing sexual violence. You can learn more at www.nsvrc.org/saam.

Your name here, Your city here

Black, M. C., Basile, K. C., Breiding, M. J., Smith, S. G., Walters, M. L., Merrick, M. T., Chen, J., & Stevens, M. R. (2011). *National intimate partner and sexual violence survey: 2010 summary report*. Retrieved from the National Center for Injury Prevention and Control, Centers for Disease Control and Prevention: http://www.cdc.gov/violenceprevention/pdf/nisvs_report2010-a.pdf













