

Unit 1 Journal Questions

Journals are personal, not private.

Tell about a time when you were a bystander, either passive or active. What were the consequences of that situation for the target? For the harmdoer? What were other consequences?

“To know what is right and not to do it is the worst cowardice.”
-Confucius (551-479 BCE Chinese philosopher)

Unit 2 Journal Questions

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Write about a time when bystanders did not take action because of one of these inhibitors. Which inhibitor was it? What could have been done to interrupt or break down that inhibitor?

“Not everything that is faced can be changed, but nothing can be changed until it is faced.”

-James Baldwin (1924 – 1987), eminent American novelist, playwright, poet, essayist and civil rights activist.

Unit 3 Journal Questions

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List who your allies could be in a bystander situation. Describe a time when having allies made a difference for you.

The best time to make friends is before you need them.
~Ethel Barrymore (August 15, 1879 – June 18, 1959) was an American actress and a member of the Barrymore family of actors, Great Aunt to Drew Barrymore.

Unit 4 Journal Questions

Journals are personal, not private.

Write about how empathy and inclusive caring could change a bystander situation. List what you could say or do to show empathy or inclusive caring.

“In the end we will remember not the words of our enemies, but the silence of our friends.”

-Rev. Martin Luther King Jr. (1929 –1968), clergyman, activist, and prominent leader in the civil rights movement using nonviolent methods following the teachings of Mahatma Gandhi.

Unit 5 Journal Questions

Journals are personal, not private.

What groups or communities are you part of? Make a list. Write about an action that changed you. Did it change any of the groups or communities you are part of? How?

You must be the change you wish to see in the world."
--Mahatma Gandhi (1869 – 1948) Gandhi led the successful nonviolent resistance movement against British colonial rule in India during the first half of the 20th century.

Unit 6 Journal Questions

Journals are personal, not private.

How has TAB changed your thinking about being a bystander?
Write about a time when you had to use your moral courage to do what you knew was right.

“Few are willing to brave the disapproval of their fellows, the censure of their colleagues, the wrath of their society. Moral courage is a rarer commodity than bravery in battle or great intelligence. Yet it is the one essential, vital quality of those who seek to change a world which yields most painfully to change”
Robert F. Kennedy (1925-1968), from his address to students at the University of Capetown, South Africa, 1966 . Between 1948 and the early 1990s, South Africa was ruled by apartheid, a political system in which only white people had political rights and power and which segregated the different peoples of color.