

Training Active Bystanders – Training Assessment

(Optional) Name _____

Circle one: Trainer First year: Basic TAB Second year: Advanced TAB

Thank you for participating in the TAB training. Please share with us a little about what you've learned in TAB. Your answers help us understand what is meaningful to you and how to improve the program in the future.

1) In the TAB training we've explored a lot of different topics. Check the box that best describes how much you feel you now understand about each of these topics.

	No understanding	Some understanding	Good or very good understanding	I was out that day
Harmful actions				
Consequences of harmdoing				
Inhibitors-why people don't take action				
What to do to stop harmdoing				
Recruiting allies				
Moral Courage				
Using body language and tone of voice				
Empathy				
Responsibility for others				
Inclusive caring				
Self interest				
Community values				
Evolution of helpful and harming actions				

2) Pick one of the topics listed above and describe what you learned about that topic that stands out most for you.

3) During your work in the TAB training, do you think you've gained skills to use as a bystander? Please circle one.

No new skills

A few new skills

Many new skills

4) During TAB we've talked about the actions you can take to be an active bystander. Describe any changes you've made, or actions you've taken towards becoming an active bystander since being in the TAB training.

5) Do you feel that you have gained leadership skills through the TAB training?

No new skills

A few new skills

Many new skills

Give one example of how you've grown as a leader:

6) What is something new you learned in the TAB training that you've shared with a friend or family member?

7) What else would you like to say about the TAB training?

Thank you for your work in the training and for completing this assessment.